

The Varicose Vein Quiz

#2

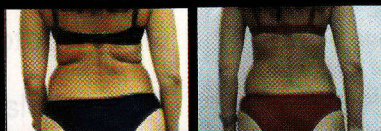
Q: Will Varicose Veins get worse?

A: Yes. Varicose veins and spider veins are progressive and will only get worse if left untreated. Symptoms can include pain, heaviness, cramping and swelling. Large ropelike varicose veins may also develop – making future treatment more extensive. Fortunately, today's non-surgical procedures are safe, effective, don't require hospitalization and they are often covered by most insurance plans. To learn more, call 1-866-627-VEIN or visit veinclinics.com.

VEIN CLINICS[®]
OF AMERICA
SINCE 1981

Bourbonnais • Chicago • Gurnee • Naperville • Northbrook
Oak Brook • Orland Park • Schaumburg • Merrillville, IN
Now Accepting Blue Cross Blue Shield PPOs

BEFORE AFTER



You still have time to lose those extra inches. Winter vacation will be here before you know it.

The **Lipodissolve Clinic** is the first to bring this new clinically proven treatment to the Chicago area. We inject only natural bile salt and lecithin to melt fat away without surgery.*

*All treatments performed by a trained and certified MD.

Great for

- ▶ chin
- ▶ jowls
- ▶ eye pads
- ▶ abdomen
- ▶ love handles
- ▶ thighs
- ▶ superficial lipomas

Mesotherapy offered as preferred option for cellulite reduction (needles and needle less).

Lipodissolve works better and faster than mesotherapy for fat removal.

Metabolism screening and treatments also available.

We treat the whole patient not just your fat!

Call for appointment 847-869-7740

www.thelipodissolveclinic.com • www.disease-reversal.com

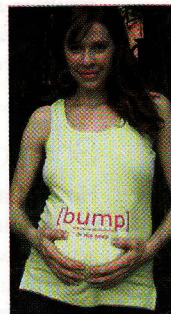
Beauty Notes

By Rachel Kenny

Show Off Your Bump!

Your pregnancy is no time to hide under baggy clothes.

Today a blossoming bump is a fashion statement, with literally nothing to hide. **[Bump] Babies Under Manufacturing Process** is a sexy, comfortable and hip maternity line designed with the haute mama in mind (specifically tailored for a woman's first trimester when she's just beginning to show). Visit www.bumpbabies.com to check out the full line.



Foot Fungus Gets a Glam Treatment

Fashionably say bye-bye to foot fungus with **NovaNail-Rx** (\$70), a powerful anti-fungal formulated nail polish that creates a pretty solution to an ugly problem. Podiatrist Dr. Heather McCombs raves about the product, and says, "because nail fungus is a sensitive subject for those patients that it affects and this product offers a way of covering the nails while treating the underlying condition." NovaNail-Rx is available in Isis Red, Red Sea Red, Mediterranean Mauve and Palladium Pink, and only available through a physician or through www.NovaNail-RX.com

Suburban Retreat



New spa-on-the-block **Silken Tent** offers spa junkies and in-need-of-rest mommies an alternative to a one-size-fits-all spa. The expansive 11,000- square-foot facility in Glenview integrates day spa services and a yoga studio with an in-house boutique and café/tea bar designed to support healthy, environmentally

conscious lifestyles. Co-owners Sherri Stewart and Tiffany Cannon wanted to tailor their natural and organic retreat to each customer. Traditional spa offerings such as facials, massages and pedicures are complemented by holistic treatments like acupuncture and reflexology are grouped in creative categories such as "Soothe Me" "It's About Healing" or "I'm Craving a Change."

"It's about integration of services—in a retreat style, where green is the new sexy way to spa," Sherri says. Upon arriving, spa consultants help guests choose exactly what you're looking for. Can't chose between Reiki or Quantum Touch? Try a Personal Retreat, which is any combination of services that the guest can pick, or can select from the personal retreats menu. One of Sherri's favorite Personal Retreats is called Treats and includes any 90-minute massage, plus a sacred stone mani and pedi, followed by \$100 of retail therapy to keep you in the spa zone at home (Total: \$310). THE SILKEN TENT, 2300 CHESTNUT AVENUE, GLENVIEW, 877.7SILKEN, WWW.

THESILKENT.COM. ■ By Megan Handley